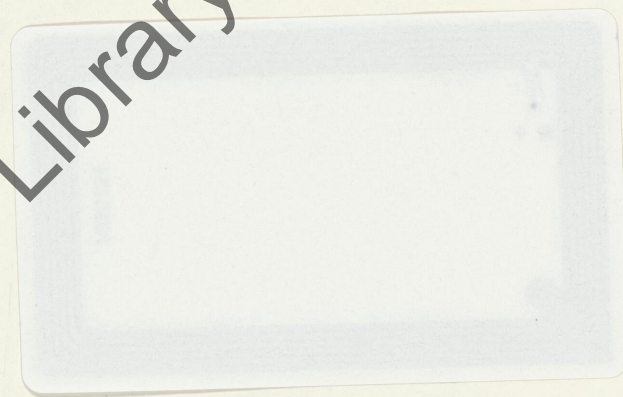


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TROPICAL SVOSH

SVOSH, thanks to the extended efforts of many people, provided eye care to approximately 32,000 people in 4 underdeveloped countries this year. Missions included Brazil, Ecuador, Haiti, Honduras, and the Mexican cities of Morelia, Parral, and Puerto Vallarta, giving many people of all ages what was, in most cases, their first eye exam.

Chone, Ecuador, was the site of the first and largest of the seven missions. This group consisted of 105 people, including ICO students Irene Leseiko and Jean Kesitalo, 5 optometrists, 16 ophthalmologists, 7 opticians, many nurses, students, technicians, helpers, and interpreters. Working ten hours a day, this mission examined a total of 10,071 patients in two weeks.

Kathy Repinski, January Moenig, and Mark Olmstead accompanied the next trip to Haiti, one of the poorest countries in the world. This mission consisted of 33 people. The vision care that was delivered was overshadowed by the political unrest in Haiti that led to the country being in a "state of siege" during their stay there. first, they stayed at an orphanage

in Darbonne, Haiti, for a few days and were able to see 1500 patients and 600 children waiting in the food line. As the political unrest reached its peak, they moved to a hotel in Port-Au-Prince for the remainder of the trip. While there, the American Embassy assisted their departure from the country.

Three trips were taken to Mexico this year. Megan Lyle, Barb Majchrowski, and Mary Jordan, traveled on the first to Morelia, the capital of Michoacan state of Mexico. This mission consisted of 22 people including 6 optometrists. They were able to examine 3,124 patients, distributing 2,900 pairs of glasses.

Scott Clough and Tamra Emerson accompanied the Minnesota VOSH to Parral, Mexico. Along with three other optometrists, they worked seven long days to examine approximately 3,500 people of all ages. They were welcomed with much hospitality.

The joint Illinois-Iowa VOSH mission, co-directed by Drs. Wayne VanderLeest and Alfred Rosenbloom, left for Puerto Vallarta, Mexico February 22 with 10 optometric examiners in-

cluding Kevin Goldstein, William Grady, Marc Gilbert, Marcie Oleinick, Maureen Whelan, one optician, and three assistants. 5,000 children between the ages of 2 and 4, teachers and support staff were examined at 5 different schools. Members of the Puerto Vallarta Rotary Club served as sponsors and hosts while several Rotarian exchange students assisted as translators. Each day, two classrooms in a different school served as a site for eye exams. By American standards, the schools were poorly furnished and badly overcrowded. Two children were assigned to each wooden desk, few textbooks were provided requiring blackboard instruction to be primary teaching methods. 600 glasses were dispensed and severely visually impaired children were given low vision devices. Vision problems included high hyperopia, high astigmatism, and strabismus. This mission is invited to return in the future to examine the eight remaining public schools in Puerto Vallarta.

Thirty people, including 5 ICO students, optometrists, a pediatric physician, and a pharmacist, departed February 19 to Manaus,

Brazil, one of the larger cities in the northern part of Brazil with a population of 700,000 people. This group divided into two teams. The first group of 16 people, including Michael Kijowski and Doug Babel, traveled 225 miles up the river to Borba on the Madiere River. The Borba group quickly developed a closeness as they slept in hammocks strung side by side across the deck of the riverboat when they traveled for 30 hours upstream. Hosts and interpreters in Borba were two Franciscan Catholic priests and four St. Joseph sisters. Many patients were brought in by boat by an Indian tribe called the Munduruku. The Borba group examined 1200 patients dispensing 975 eyeglasses. The second group of 14 people, including Steve Butzon, Tim Lincoln, and Sue Mears, remained in Manaus. Their host, Brother Mike, arranged to set up clinic for 4 days at 2 different hospitals. The last worksite was at a leprosarium in a health center. Here, the need was the greatest. it became a challenge to fit eyeglasses on patients with deformed or missing

(Continued on page 4)

CASE HISTORY

Name: Jon Batzer

Age: 26

Born/raised: Belleville, Michigan

Current home: Chicago

Marital status: Single

This New Year's Eve resolution: Do my convergence therapy more faithfully (for my exophoria)

I describe myself as: Slow

In high school I was voted: Out of office

If I weren't an O.D. I would: Be a beach bum

Personal hero: Bill Murray

Best time I ever had: Spring break '86 in Florida with Karin

Worst time: Coming back to winter after a Florida vacation

Favorite TV show: Wheel of Fortune

Last good movie I saw: "Bachelor Party"

If I could change one thing about myself: I'd like to have straighter hair

Favorite Food: Chicken sandwich (with cheese) and medium Coke

The most important thing to me: Hearing Jimmy Budweiser singing "Fly Me to the Moon"

My friends like me because: I'm not sure why they like me

Favorite hangout/pastime: Having a couple brewskis and going bowling

If I won the lottery: Uncle Sam would get most of it — I'd probably have enough left for a couple of pizzas and some brewskis

(Continued on page 2)



"The Hatchet Man"

THIRTY AND COUNTING

With less than one month to go, the fourth year class anxiously awaits May 18 — graduation day! A short four years ago the Class of '86 entered the hallowed halls of ICO and soon our footsteps will no longer be heard.

In the next thirty days many events will transpire. It is important to make note of these events and plan your schedule accordingly. The fourth year class and invited guests will soon be receiving invitations to the graduation banquet. RSVPs **must** be turned in by Friday, April 25. Any RSVPs not returned by the deadline will be ineligible to receive tickets.

The banquet will be held May 8 at Oak Meadows, formerly Elmhurst Country Club from 6:30 p.m. to 1:00 a.m. Events for the evening include cocktails, dinner, and dancing. The band for your listening pleasure will be Grand Staff. Hotel accommodations can be arranged by contacting the Days Inn Lodge in Addison, IL (834-8800).

CASE HISTORY (Cont.)

If I had to do it all over again: I'd be independently wealthy

Pet peeves in clinic: "So-and-so, please pick up 4-9-0"

What I appreciate in a woman is: Intelligence, with strong career objectives

What I appreciate in a man is: Not applicable

Ferris is a great school because: Big Rapids, Michigan is "the only Big Rapids in the U.S.A."

If I don't stay at ICO forever, I will: Whither away and die

I'm glad I came to ICO because: They have the best chicken sandwiches (with cheese)

V.T. is: Very terrific

Ocular Health is: WNL

Favorite Sports: Curling, Australian-rules football

Favorite Bar: The Alibore, oops... that's Alibi, in B.R., Señor Buckets, Albuquerque, N.M.

Favorite drunken activity: I don't drink

Nicknames: "The Hatchet Man"

Favorite female actress: Pia Zadora

If I were President, I would: Probably be impeached

Similarities between myself and Len Messner: Inseam length, favorite beer (Buckhorn)

The pace quickens during the week of graduation. Starting Wednesday, graduation practice is scheduled from 1:30-3:30 p.m. at University of Chicago's Rockefeller Chapel. It is required for all graduates to attend. The fourth years' official last day of clinic at ICO is Friday, May 16. This special occasion will be commemorated by having the fourth annual Champagne Party. This will take place in the Blindspot from 4:00-7:00 p.m.

On Friday and Saturday many parents, relatives, and friends will be arriving in town. A special ICO open house and afternoon tea sponsored by the Alumni Association is scheduled for Saturday, May 17, from 3:00-5:00 p.m. Refreshments and entertainment will be provided in the library for the spouses and parents of the graduating students.

The highlights of our ICO career will be on Sunday, May 18. Commencement ceremony will take place at Rockefeller Chapel beginning at 2:30 p.m. Please

note entrance into the chapel will not be permitted before 1:00 p.m.

This year's keynote speaker will be James B. Black, O.D., from North Carolina. Dr. Black played an instrumental role in the passage of the diagnostic and therapeutic legislation in his home state. He has also served as a member of the North Carolina House of Representatives from 1980-1984 and is currently a candidate for reelection to that office. Dr. Black has served as trustee of the North Carolina State Optometric Society for 10 years in charge of Political Activity and Legislation, and serves as that society's vice president. Presently he has a private practice in Char-

lotte, N.C. We are fortunate to have found such a distinguished and progressive individual as our speaker.

Following commencement ceremony will be reception for graduates, parents, relatives, and friends. This reception is sponsored by ICO and hosted by Gold Key.

The Class of '86 would like to bid farewell to each and every underclassmen. We wish you much success in your remaining time at ICO and all your future endeavors in the profession of Optometry.

Dan Satterlund
Colin Howe
Fourth Year Class
Representatives

Focus welcomes Letters to the Editor. Submit typed, signed letters to Box 595 or Box 514. Names will be withheld on request.

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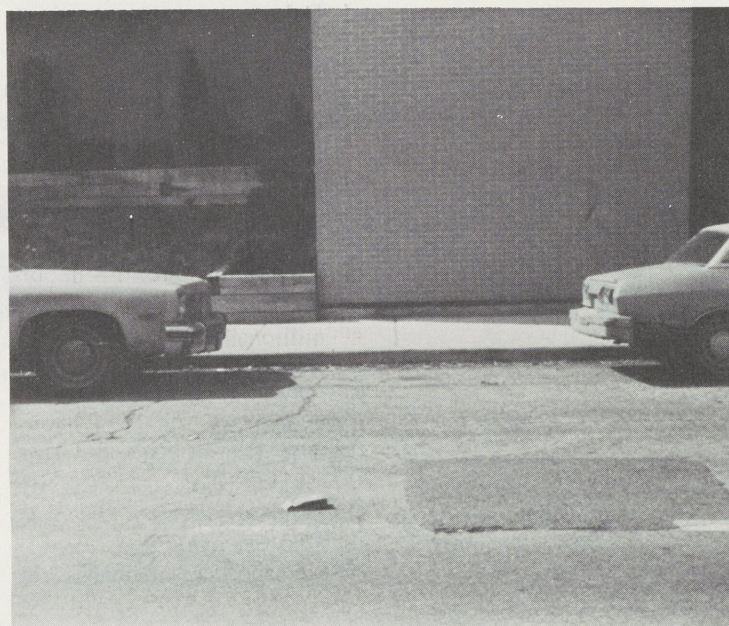
PARKING

by Rupert Chowins

Last year, when ICO opened the new facilities, a number of things changed. These acts resulted in a change of the main entrance of the college to our convenient spiral on Indiana Avenue. This also changed the way we all park (those of us who can't afford one of the 150 cars for 100 parking spots in the garage). Frankly, I don't miss the old parking arrangements. I don't miss the roar of an oncoming car as it sped up to hit the unsuspecting student crossing Michigan Avenue. I also don't miss getting stuck in the mud in the lot on 33rd Street. That particular lot also led to some embarrassing moments for some of us as we spent six hours in school before some kindhearted soul told us we had eleven "Burrs" (actually called cockleburrs, supplied by ATP — a South Dakota legend) stuck on the back of our trousers, which we picked up unknowingly from the aforementioned lot.

Back to the subject at hand, parking. I'm sure I'm not the only one who has noticed that we are all horrible parkers; we're either poor drivers, or incredibly self-ish. My point is that we really don't need to leave 8-10 feet of space between our car and the car in front of us. This space seems to be carefully calculated, for it is just enough to stop another car from parking there, and exactly five times as much space as we actually need. I estimate we could get at least 30-40% more cars on Indiana Avenue if we just left a reasonable amount of space in between cars. I've found the most flagrant offenders are the ones who drive the oldest, most run-down cars. What's the deal, folks? Are we afraid someone might bump our rusty cars and put some paint on them?

I've included one picture of an example. Now, before you say that the gaps are the result of smaller cars replacing larger cars, these



pictures are from early AM, before any moving took place.

So, when we park, let's pull close and we'll all be able to park on Indiana, close to school.

Note: I know this picture isn't

exactly a random sample, but in the picture, 50% of the cars parked are by oriental drivers; that is for those of you into statistics and stereotyping.

YEARBOOK

"I never want to remember this place". I've heard that about twenty times when I talk to people about the Yearbook. So I wanted to explain a few things. First, the Yearbook is published for the students by students, the administration has no say as to what goes into it. We try to make the Yearbook fun and full of the aspects of ICO you will want to remember; the parties, sports, Chicagoland, and most of all the people. After all, you wouldn't want to forget "Herb", would you?

"It's too expensive." That's argument number two. The actual cost of printing the Yearbook is much more. Thanks to a donation from the alumni and money from advertisements, we have been able to keep the cost down. Think how much more you spent on Duke-Elder and which one will give you more laughs and good memories?

We want to make each Yearbook better than the last and to do this we need lots of candid pictures. So catch your friends, enemies, or even your professors when they least expect it and send the pictures to the Yearbook (Box 062) so they can become a part of ICO history. All photos will be returned if you put your name on the back.

Grace Ary, Assistant Editor

P.S. In case you didn't guess, Yearbooks are still on sale for ONLY \$20.00 till the end of the year.

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THIRD YEAR TRANSPORTATION TRIVIA

1. Delorean
2. Smash-up derby king
3. Car the size of a fish bowl
4. Frame of a 1977 Monte Carlo
5. Mom and Dad's family station wagon
6. Pair of PF Flyer sneakers and a parka hood
7. Girl that has the worst luck with cars
8. Chevy Citation given by millionaire
9. "The EL"
10. 1982-1986 car that Daddy bought
11. AMC Hornet that leaks transmission fluid
12. Kamikaze driver
13. Auto mechanic god
14. A Blazer that is in ditches and

- on sidewalks more than in the street when driven by friends
15. Smash-up derby queen
16. #1 mooch
17. Harley-Davidson motorcycle
18. Most noted for being in an accident when not present
19. Owner of the car that resulted in three jail birds

Answers: 1. Alex Kouklakis, 2. Steve Smoke, 3. Bob Guppenmeyer, 4. Steve Ong, 5. Bill Gilmore, 6. Herb (Bernie), 7. Miriam Weller, 8. Rupert Chowins, 9. Any Walker, 10. Most of the girls in 3rd year, 11. Joe Heinrich, 12. Blair Tanaka, 13. Steve Combs, 14. Jeff Srazen, 15. Lisa Bifano, 16. Richard Spolzino, 17. NOT Kenny Stein, 18. John Graves, 19. Steve Fertig

VISION THER-A-PEE; A SUCCESS STORY

by Rupert Chowins And Annette M. Butler

Sung to the tune of "I Can See Clearly Now"

Patient: I can't see clearly now, my right eye be blurred.
I had it such a long time, specs don't improve my V.A.
I can't see clearly now, there is no cure.
Can there be a bright, bright, bright 20/30+ day?

Student

Clinician You will see clearer then, when I send you to V.T.
You will see all objects that are small and gray.
You will see clearly then, there is a cure.
There will be a bright, bright, bright 20/30+ day.

Patient: I can't see clearly yet, I'm directly occluded.
These exercises are hard, but easier every day.
Cause my Doctor says, "When there's a will, there's a way."
I can't wait for a bright, bright, bright 20/30+ day.

I can see clearly now, my E.F. is gone.
I can see all obstacles in front of my fovea.
I can see clearly now, the vision is there.
It is a bright, bright, bright 20/30+ day!

Next issue: Patient develops A.R.C.!

SVOSH

(Cont.)

ears or noses. Many times, elastic eyeglass straps were also dispensed. A great percentage of these patients suffered from various ocular pathology including dense corneal or lens opacities. The Manaus mission examined 1386 patients dispensing 1295 pairs of glasses.

The last trip in March was to Honduras. Steve Blashill and Don Haiderer along with a group of 30 people traveled to San Pedro Sula, the second largest city in Honduras with a population of 200,000 people. Some people walked several days to the location to get their eyes examined. Of the

3,000 people they examined, they noted a high incidence of pterygiums, hyperopia, cataracts, and presbyopia.

Many thanks go to the Alumni Association, the optical companies, the state VOSHes, and the student body for their continued support. Also, various fundraisers including the bowlathon, racquetball tournament, fun run, T-shirt/poster sales, and donut sales managed to raise a substantial amount of funding for these trips.

Any questions, contact me. Box 210

Susan Meats



Steve Butzon attempts occlusion therapy on a left esotropic Brazilian.

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THE FOCUS

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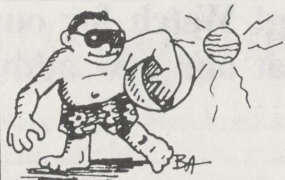
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HAVE A GREAT SUMMER . . .
SEE YOU IN THE FALL!



fall 1986

f•cus

Volume 7 Number 1

An Illinois College of Optometry Student Publication

STATE OF THE FLAGSHIP ADDRESS

by "Herb" Schroedl

Dr. Banwell's expressed intent for the state of the school address was to improve communication between the faculty, students, and administration by addressing topics of concern. Dr. Banwell circuitously addressed building/curriculum changes, clinic remodeling, 1986 C.O.E. site visit, ICO's future, politics and optometry and the proposed Florida campus. Dr. Banwell states that he hopes improved communication will clarify administrative actions, thus enabling students, faculty, and staff to become public relations diplomats for optometry and ICO.

The first topic, the new building/curriculum changes, was undertaken during difficult financial and political times to meet the new administrative goal: to have the best qualified graduates and to allow them to sit for any state board. Dr. Banwell acknowledged the stresses of monumental changes and the difficulty of this

period. But, all decisions were made to improve ICO and optometry. ICO has implemented an 8-year curriculum change in 2 years, allowing the most recent graduates to benefit immediately from the added clinical techniques and scope. Dr. Banwell has also noted a growing sense of pride in the newly finished building. He stated that this pride has also rekindled alumni support which is actively being sought.

The remodeling of clinical areas will be started (July 1987?) in the dispensing and waiting areas first. Then it will proceed to Rodriguez/old library which will house Pediatrics, Sports Vision, and Low Vision. The former second year classroom (T204) will house the Alumni Office/Lounge, the Public Relations Office, and the Director of Development Office. The area presently occupied by the Alumni Office will be faculty offices. The clinic

halls and rooms will eventually be remodeled and carpeted.

Part of the changes as mentioned are also administrative like the Development program which is an internal self-audit to examine potential funding from outside industries, foundations, and research to help supplement tuition monies. This program has already hit paydirt because the Build Illinois Fund donated \$32,000 to help fund the new building.

The 1986 Council of Optometric Education (COE) site visit produced high praise for ICO's progress. The concerns expressed in the 1983 site visit (patient care/management and curriculum) have been overcome and ICO is now a primary care institute. The 1986 report stated that there has been a measurable increase in educational quality and with the finished addition it is

more physically sound than any other optometry school in the U.S. The report lauded the new administration for addressing the former shortcomings. The library, formerly a sore spot with the COE, is unrivaled by any other optometric college. COE also hailed the major improvements to be undertaken in clinic.

The future of ICO is now a topic which needs closer evaluation. Dr. Banwell wishes to expand clinical services with area hospitals in the future. He is also seeking to increase alumni support, but will not provide standard continuing education courses to lure alumni back. He feels that ICO's positive impact on optometry will bring them back.

Dr. Banwell warned that politics are part of our professional life and responsibility and there are many current changes which could dramatically affect us. Sunset Review is one such law

that reviews the legitimacy of every profession every ten years and has the authority to disband it. Other proposed political changes affect continuing education requirements, capitation for Illinois students, IPA reimbursements and Eyeglass I and II.

ICO received a letter from the Board of Regents of Florida asking ICO to develop a district optometry school. ICO is now evaluating a parcel of land adjacent to the University of South Florida. Dr. Banwell cautioned that the school will not be developed if it is financially or educationally unsound.

These topics were addressed by Dr. Banwell and answered several longstanding queries about ICO. This author only wishes that Dr. Banwell had been more organized. This would have further boosted understanding and enthusiasm. Hopefully this review in printed form will aid this goal.

DINING ON THE FARM

by Jay Petersma

It has been well over 18 months since I have donned my napkin and set off in search of fine cuisine, original or creative ambience, or just general great food. The Focus has once again gained solvency, and we hope to be back on a regular basis, and better than ever.

For my part, the resident restaurant critic, I will try to select establishments that have either exceptional food by reputation or another original or unique element to deem it worthy of our patronage.

I have been asked often in the past, "Why do you review only expensive restaurants?" and "When are you going to recommend some place that we can afford?" Well, my fellow clinicians, the reasoning is this: If a restaurant is only going to set you back \$15-\$20 for two, then you can afford to take that chance on your own. But when the bill of fare climbs into the higher numbers,

you want to be sure you won't be disappointed with how you've spent those GSL dollars, especially if there is a special occasion behind that night out.

So it is with a good appetite and critical yet forgiving taste that I set out to make you all aware of some of the Chicago area's finer dining establishments. It's a tough act trying to come up with something to compete with Chez Brady, but we'll try; and if something turns up to be less than adequate, you will hear about that as well. (By the way, I'll try to avoid trite and over-used adjectives such as excellent, adequate and below average. We see those enough.)

I have chosen the first restaurant for review on the basis of reputation, and word of mouth. I have been told by no less than eight people that a really neat place to go for an evening out is Plentywood Farms in Bensenville. Easy to get to, but easy to miss once you're there, the Plentywood

Farm (and General Store) is located about two blocks east of Route 83 on Grove Street. From the city take the Eisenhower (290-West) to Rt. 83 North. Take 83 to Grove Street and go two blocks east. (The last light before Grove is Third Avenue.)

On the north side of Grove Street we see a one story sprawling ranch-style building nestled in a grove of pine trees, ornamented with shrubbery and soft footlights to guide you to the entrance and gardens around it. Once inside, I see a lobby that can't decide if it wants to be a Country Kitchen or a romantic mountain hideaway. There are separate rooms that are available for larger groups, set off by glass enclosures, and a small brook that seems to run into the building from outside and back again. All the dining areas have nice views of meticulously landscaped courtyards, surrounded by other dining rooms or trees.

There are two main dining areas, each with its own menu. The main dining room has a range of \$8-\$16 for all-inclusive dinners, while the Gourmet Room starts at \$10.95 and tops out at about \$17 for the same, excluding lobster of course, since anything with claws is always good for a couple extra bucks. We opted for the Gourmet room, since you deserve to know how good it gets here.

Things started out rather shakily. We were each seated in front of a large plate with a bright fish painted on it. We were also treated to a luscious appetizer of bread sticks and water while we pondered the menu. But the view was nice and it was comfortable, definitely not intimidating. Most people were nicely dressed but it ranged from polo shirts to suits. Ties are nice but not mandatory.

So we ordered drinks and dinner. The Fuzzy Navel and the Apricot Sour got thumbs up, as (Continued on page 3)

INSIDE THIS ISSUE

- MEET MR. GERARD
- PLAY THE FOCUS TRIVIA CONTEST
- DR. RIMKUS SEARCHES FOR NEW MEANING IN LIFE
- CATCH THE CROSSWORD CRAZE

EDITORIALS

The following editorials represent the views of ICO students and are not necessarily those held by the FOCUS and its staff.

PATIENT COMFORT

by Eric P. Czora

Having been assigned to retina clinic these past few weeks has proven to be a most interesting and educational experience. Drs. Batzer, Flood and Richman, as well as the clinicians assigned there, have provided patients with care second to none. I have also heard excellent reports from students in the general Ophthalmology clinic.

However, one aspect of patient care has been overlooked, that of

patient comfort. Consider for a moment a patient who has been referred from general clinic to see the specialist. These people are naturally somewhat nervous and apprehensive. We put them in small wooden desks or old ripped vinyl chairs with no privacy from the noises of the hallway. Obviously, these surroundings are not indicative of the care they receive, but putting these people in a more comfortable and relaxed environ-

ment can do nothing but help allay their fears.

Perhaps we could consider better chairs, a small partition, some new paint on the walls or even carpeting. This is such a small area, I'm sure it wouldn't take that much money, time or effort. An advantage we have at a small institution such as ours is the ability to make changes quickly without relegating them to the waste basket of "future plans".

FROM THE EDITOR

by Pete Russo

Every time a new issue of the Focus comes out I wait in earnest for comments on the impact of my labors. The extremes range from seeing it tossed aside without even being perused to favorable remarks of a job well done. Last year, due solely to the fact that the Focus was staffed entirely by this year's Fourth year class, severe time constraints prevented us from publishing with any regularity. I would like to change that this year, but I cannot do that without everyone's help. Please keep in mind that this is not my newspaper, or the Fourth year class newspaper; it is **your** newspaper! My job is to coordinate efforts to bring your ideas to the eyes and ears of all on board the Flagship. Two major reasons slow down publication of the Focus: failure

to meet deadlines and lack of interesting material. Deadlines are posted above the mailboxes and in the lounge as well as in the Newsletter. Lack of material is where you come in. This paper is our voice speaking out for or against the events shaping our lives during the four short years we spend at ICO. I constantly hear people blowing their horns about how things should be changed. This could be the place to start if more of us would just give a little. I want this effort to be worthwhile. The Focus needs **your** input to be a success this year. If you want to write — do so. If you want to help in any way — contact me. Thanks. Good luck to everyone sweating out those quizzes. Enjoy the Focus!!

Pete Russo

MR. GERARD — THE LEGEND

by Mr. Rupert

There are some things we need to clean up about this well known ICO legend:

1. "Mr. Gerard" is not a hairdresser, constantly being paged for quick "trims" around the flagship community (despite the fact that Spike Zwolinski insists all "Gerards" are swishing beauticians).
2. He does have a last name. His first name isn't Mr. ...OK? His last name is Bastrentaz (Bass-tren-tez).
3. He was not the originator of "I saw nuting"; it was indeed Sergeant Schultz from Hogan's Heroes.

Mr. Gerard is actually a very nice Frenchman who has an avid interest in foreign cars and exotic cooking (surprised?).

His career has consisted exclusively of work in the optical business. He declined my offer to

be referred to as "Mr. Optical" in the future. He began his optical career in 1969 as an apprentice/student in Grenoble, France. He journeyed to Detroit, MI in 1972 where he worked as an optician. He moved to Chicago in 1973 and became a foreman in a large optical company. He even owned his own business for 2 years. He came to ICO in 1978 as the optical lab manager and later as dispensing manager. He is now manager of clinical operations. I personally think he is doing a hell of a good job. The administrative aspects of the clinic have improved quite a bit, and I'm sure a portion of the credit belongs to "Mr. Gerard".

Mr. Gerard married in 1972 and has no children.

I asked him about his plans for the dispensary area and the plans include re-finishing the dispensa-

ry, buying new frames, buying new frame boards, and to re-arrange the traffic flow through the dispensary and the waiting room. He really hopes to expand the selection of frames also.

Mr. Gerard's hobbies include the aforementioned love for cooking, auto racing, and models (not real models, he likes the sort you put together with glue. No comment, Smoke). He loves playing the guitar and his favorite groups

are Dire Straits and The Shadows (British group of the early 60s, biggest hit being "Apache". Heard of it?)

His pet peeve is . . . he doesn't have any, he is very easy going!

For the future, Mr. Gerard would like to be more involved in

teaching, such as in the O.O. lab and in the dispensing class (what dispensing class?)

All in all, I think Mr. Gerard is a good sport and hidden behind that casual manner you will find a ravaging Casanova who flatters the ladies at every given moment.

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Hours: 9:00 a.m. to 8 p.m. Mon thru Sat.

Case History

Patient: John J. Rimkus, O.D.

Age: 28

Born/raised: Chicago, IL; moved to Bridgeview, IL at age 5

Marital status: happily divorced

If I did what Mom said, I would have: gone to PCO

I like low vision because: you can rarely do worse than what they came in with

If I couldn't be an O.D., I would be: a podiatrist, if I could get past the smell

If I could be anywhere but ICO, I would be: on a beach on some tropical island.

Favorite ICO personality: C.M.K.

When I grow up, I want to be like: young Al Hein

Optometric couple I learned the most from: Tom and Joan Stelmack

The best time I ever had: skinny dipping with several friends in Pembine, WI

Worst time: the STALAG

Favorite T.V. show: The Honey-mooners

Favorite movie: Animal House

Favorite late night pig-out food: pork chop sandwiches with grilled onions from Jim's original

Favorite hobby: golf, which I never have time for

Favorite quote by a Bausch and Lomb sales rep: "the eye is a muscle."

Weekends are for: anything but optometry!

This New Year's Eve I resolve: not to drink anymore (no less, either)

Most embarrassing act: the bottle toss

My friends like me because: beneath all the jokes, I'm a caring and sincere person

If I could change one thing about myself: I'd be rich

If I had it to do all over again: I would change very little



DINING OUT (Continued from page 1)

did the Kahlua and Cream, but the Bloody Mary just couldn't cut it. Next to arrive were the salads. They were good...that's all; very non-descript.

Dinner arrived and we were finally rid of the fish plates but we couldn't lose the bread sticks or get real bread. I had ordered the Beef Wellington before I remembered that it came with a fine layer of liver paté between the beef and "Wellington". The dough blanket that wrapped the beef was quite good and the meat cooked to a tender endpoint. Remember one thing when ordering here: if you want it cooked medium, order medium-well. The filet mignon was without a doubt the tallest pillar of beef I'd ever seen on a plate. It was ordered medium-rare, and although I was certain that a good vet could have had it back on its feet in 15 minutes, I was assured that it fit the recipient's taste exactly and was quite good.

The N.Y. strip steak also got good reviews from a man accustomed to corn-fed Iowa beef. A

close second, but still a good 3+ steak. The menu describes it as boneless N.Y. strip. A bit redundant since that's the definition of that cut of meat. I often wonder how they associated boneless with New York. Any ideas?

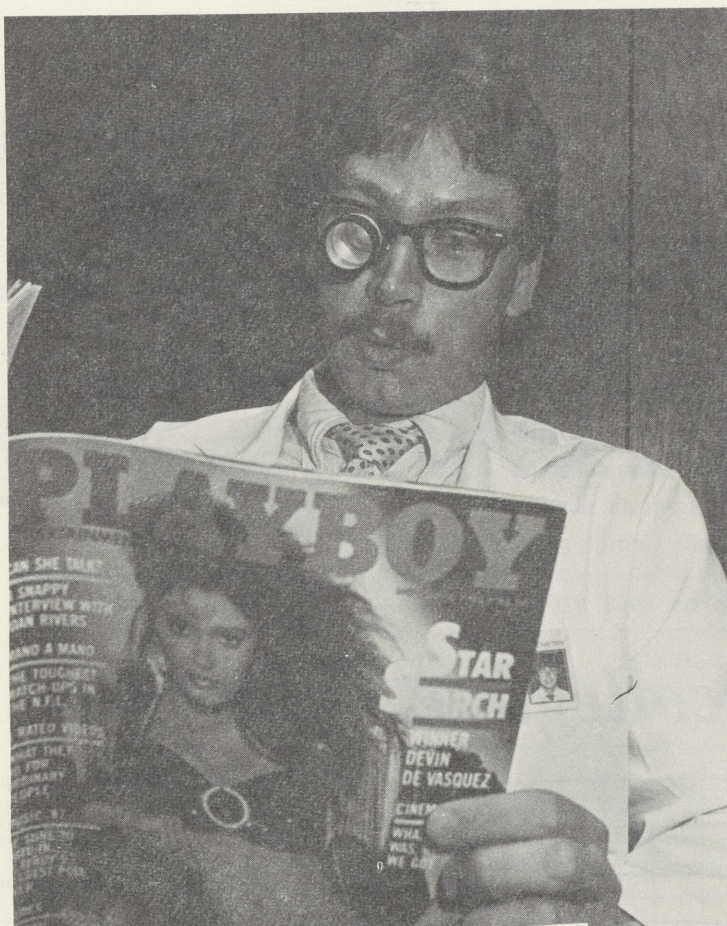
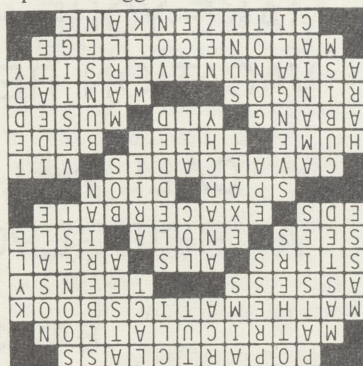
Only one of us ventured into the sea for her entree. The poached salmon arrived in full sagittal section (sounds like Ocular Anatomy all over again) with a creamy white sauce which Plentywood claims to be a house secret (hmmmm?). Apparently, the sauce did the trick because there was an empty plate not long after it arrived.

All the dinners were good, cooked properly and served with average flair, although I was disappointed not to get my sprig of parsley. What's a good dinner without some good weed to chew on later? The tab for four, all inclusive, was about \$70.

The main attractive feature of Plentywood Farms is its pretty setting and unique surroundings. The food was good, but creations of equal quality can be found at

numerous places in the metro area for the same or less cost. Looking back, we all decided it was a really picturesque setting and would go there again if we tired of standard booth and table dining. If you want incredible food that you'll talk about for weeks, keep looking, but if you like standard preparations in a comfortable, unique back-to-nature setting, then Plentywood Farms is for you.

If you've discovered a really special place, or have a favorite hideaway in the area that you'd like to share with your colleagues, feel free to contact me. I'm always open to suggestions.



Dr. Rimkus using low vision aids to the fullest

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YEARBOOK

Welcome back Second, Third, and Fourth years. Welcome aboard First years. Everyone has been asking when the '86 yearbooks are coming out. Well, we missed a few deadlines last year, so the book will be a little late, but it will be out by mid October. It will be worth the wait! We still have a few copies left, but they are going fast, so if you still want one get \$20.00 to me as soon as possible (Box #5) — first come first serve.

Now, on to new business, I'm happy to announce the yearbook now has a faculty advisor, Dr. Jan Scharre. Maybe she can help us meet our deadlines! Anyone interested in helping with the yearbook, we'd be glad to have you. We can also use your photos (they will be returned). So if you catch your friends in some crazy pose, why not immortalize them in the yearbook? Each class has a yearbook representative, so if you have any questions or photos contact:

1st year — Damon Mackert

2nd year — Lisa Heckman or Ruth MacCarthy

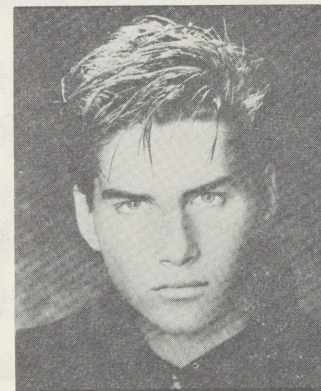
3rd year — Steve Schneid

Fourth years, it's not too soon to start thinking about what you want to put in your half page. Get those baby pictures when you go home for Thanksgiving or Christmas. Any questions contact me or Kaija Leilzuika (Assistant Editor).

Grace Ary (Editor)



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T.V. TRIVIA QUIZ

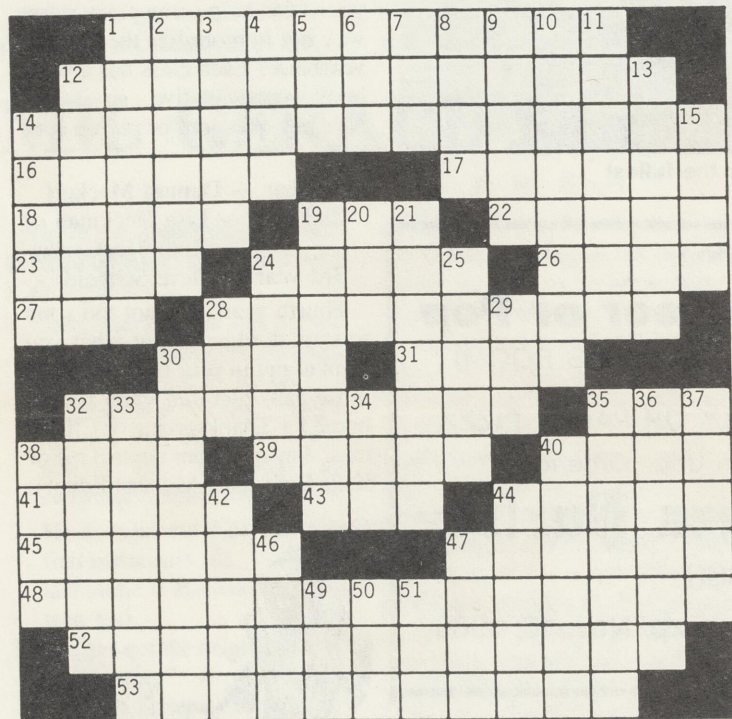
by Dan Smith

- 1) Name the actor who played Herman Munster.
- 2) What TV show did the above actor star in previous to the Munsters?
- 3) Name the actor who played the father in "Father Knows Best."
- 4) Name the **original** three sons on "My Three Sons".
- 5) Name the three brothers on "The Big Valley".
- 6) Who was Mr. Ed's owner? What did he do for a living?
- 7) What were the names of the Lone Ranger's and Tonto's horses?
- 8) Name Matt Dillon's first deputy on "Gunsmoke".
- 9) Who played the part of the deputy from the above question?
- 10) What popular TV show was the Andy Griffith show a spin-off from?

RULES:

- 1) All entries with name and box number must be submitted to Box 392 by November 5, 1986 at 12:00 noon.
- 2) The entry with the most correct answers will be declared the winner.
- 3) The correct answers and winner will be published in the next issue of the Focus.
- 4) In the event of a tie a drawing will be held.
- 5) The decision of the Focus staff will be final.
- 6) A \$15 gift certificate for the bookstore will be awarded to the winner!!!

collegiate crossword



© Edward Julius

ACROSS

- 1 Where one might study Andy Warhol's works (3 wds.)
- 12 Enrollment into college
- 14 "Calculus Made Simple," e.g. (2 wds.)
- 16 Evaluate
- 17 Extremely small
- 18 Follows a recipe direction
- 19 Belonging to Mr. Pacino
- 22 Of land measure
- 23 Meets a poker bet
- 24 — Gay (WW II plane)
- 26 Capri, e.g.
- 27 Belonging to Mayor Koch
- 28 Irritate or embitter
- 30 Train for a boxing match
- 31 — and the... Belmonts
- 32 Processions
- 35 Diet supplement (abbr.)
- 38 Scottish historian and philosopher
- 39 College in Greenville, Pa.
- 40 The Venerable —

- 41 "...not with — but a whimper."
- 43 Return on investment (abbr.)
- 44 Pondered
- 45 Belonging to Mr. Starr
- 47 Part of the classics (2 wds.)
- 48 Possible place to study abroad (2 wds.)
- 52 Small school in Canton, Ohio (2 wds.)
- 53 Orson Welles film classic (2 wds.)

DOWN

- 1 Those who are duped
- 2 "Do unto —"
- 3 Fourth estate
- 4 Goals
- 5 Well-known record label
- 6 Well-known king
- 7 151 to Caesar
- 8 Prefix meaning milk
- 9 Confused (2 wds.)
- 10 — husky
- 11 Most immediate
- 12 Like a sailboat
- 13 Cash register key (2 wds.)
- 14 En — (as a whole)
- 15 Auto racing son of Richard Petty
- 19 Political disorder
- 20 — cit. (footnote abbreviation)
- 21 Traveled on a Flexible Flyer
- 24 Glorify
- 25 Prospero's servant in "The Tempest"
- 28 Well-known government agency
- 29 American league team (abbr.)
- 30 Fictional hypnotist
- 32 Style exemplified by Picasso
- 33 "She's —..." (from "Flashdance")
- 34 Be unwell
- 35 Visible trace
- 36 Think
- 37 Woman's undergarment
- 38 Commit —kiri
- 40 — burner
- 42 "...for if I — away..."
- 44 Actress Gibbs
- 46 African antelope
- 47 Well-known TV band-leader
- 49 Pince— (eyeglass type)
- 50 1968 film, "— Station Zebra"
- 51 1965 film, "— Ryan's Express"

The Student Association

by Connie McQueen

When entering ICO we are exposed to numerous clubs and organizations of which we can be a part. We can choose which of these groups we would like to spend our limited free time on. There is, however, one organization that **all** of us are members of but is often overlooked. That is the Student Association.

The Student Association is composed of all students enrolled at the Illinois College of Optometry. The business of the organization is conducted by its Board of Directors (14 Board members and 8 Class Representatives).

The Student Association Board has set two major goals for itself. The first is to provide educational and social events for the student body. Some of the annual events hosted by the Student Association are the spring and fall picnics, the winter dance, the equipment fair, the used book sale, the yearbook, the Focus, and the various intramural programs. We have also begun a sign language course to aid in dealing with the exceptional patients that we may encounter in the clinic.

The second goal that we have set is to serve as a channel between the student body and the administration and faculty to voice student opinion and concerns. The class representatives meet regularly with the Dean of Student Affairs and department chairmen to bring these concerns to the attention of the administration and periodic meetings are held with other members of the administration when necessary.

The activities and responsibilities for representing the student body are endless and go beyond what can be written in an article for a newspaper. We are constantly looking for new activities in addition to keeping in close touch with our fellow students and what concerns them. In order to achieve these goals, we need the help of everyone enrolled at ICO. We urge you to talk with your class representatives or other members of the board and to come to the Student Association meetings. These meetings are open to all students and are held every other Monday at 7:00 p.m. We hope to see you at our next meeting!

Hours:
4-2 a.m.
Sat: 12-3 a.m.

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25¢ Drafts 8-12 & Free Hot Dogs

Wed. Nite: \$1.00 Mixed Drinks

To All Students 9-12

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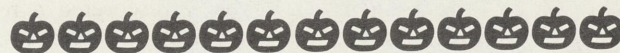
\$5.00 A Ticket Includes:

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Sandwiches — Cash Prizes for Best, Runner-Up and Originality Costumes

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ANSWER TO
CROSSWORD
ON PAGE 3

ICO Externships: Real World Optometry

by Rupert C. Chowins

This article is intended to give second and third year students more information about the externship programs available during the summer between third and fourth year, and the entire fourth year. This information is strictly compiled by myself and does not reflect "policy" of the ICO administration. The article is written from the student's point of view, and should be read as such.

There are currently six externship programs available and they are in lieu of a clinical rotation at ICO. That means that while you are on an externship, you are not required to participate in the ICO clinics. You are, however, still required to pay the same tuition as you would if you were at ICO full time. The way fourth year works is that you spend two quarters participating in Primary Care optometry (General Clinic) and you spend one quarter in specialty clinics (Low Vision, Contact Lenses, and Pediatrics). Four of the six externships are primary care rotations, another deals with contact lenses, and the last deals with low vision. Therefore, the

four primary care externships usually replace one of your primary care rotations. I am not completely sure about the other two, but I believe they replace a specialty rotation. This is in theory only, it is still possible to get a second specialty rotation after the low vision or contact lens externship. I believe the people that set up the rotation try to keep it even, but it does not always end up that way. For more information on that aspect, check with Pat Stomp (Registrar) or Dr. Seimsen (Director of Clinic).

Before we discuss the programs themselves, let's first discuss how to secure an externship. Prior to last year the clinicians were picked at random; that, however, has changed. Starting with this year's class, the externships were awarded on merit. You now must apply for an externship by putting down your numerically ordered choices of externship, whether you would be willing to do one during your six week break in the summer (this summer externship program does **not** replace your six week obligation to ICO, it is a

voluntary extra). You must also submit a short essay on why you want an externship and how this externship will benefit you in your future practice. The Module Chiefs then get together and mix and match to assign the slots. Not everyone that applies gets a program. The Module Chiefs consider strongly your clinical performance, your essay, and they try to match your choice with what they think you are suited for.

Now, for those of you still awake, let's review the locations and a brief description of each place. The best way to really cover these externships is to talk to the people who have been through it, so with each description, I will also include the names of the clinicians that were there this fall term.

Place: Fort Sheridan Health Clinic

Location: Approximately 1 hour north of ICO in the Lake Forest area.

Clinicians: "Jake" Hoelscher and E. Grace Ary

This is a health clinic, set up at an Army facility that has an opto-

metry clinic there (no ophthalmology clinic). John Hoelscher felt this had many pros and very few cons. The pros were a higher number of patients seen per day, usually ten or more; freedom to do as you see fit with your patient, which prepares you for "real world optometry". You still had to review your cases with the staff optometrist but not to the extent of the ICO clinic; it was a complete medical clinic, so cross referrals were always available which helped the continuity of care; 20-25% of patients were CL patients; introduction to the military system of health care, if you are undecided on a military career, this certainly helps you make a choice.

The cons were basically the distance. The trip takes between 40-100 minutes, depending on the traffic, average was one hour.

Place: Chicago Osteopathic Medical Center

Location: Olympia Fields OMC in Olympia Fields, IL. 45 minutes south of ICO and Chicago OMC in Hyde Park 20 minutes

south of ICO.

Clinicians: Connie MacQueen and Michael Breen

Both these clinics are located in osteopathic hospitals under the supervision of Dr. Richard Muttack who is an excellent ophthalmologist and teaches one quarter of the ocular disease class here at ICO. In Hyde Park, the patients were seen for ocular health exams. The patient population at this clinic is very similar to the patient population at ICO. At OFOMC, the patients were also seen for ocular health exams and for routine eye exams. This is a very suburban setting, with matching suburban patients. The experience at both hospitals enabled the students to see a wide variety of visual problems ranging from cataracts, iritis, nerve palsies, retinal detachments, pupil disorders, etc.

The students worked very closely with the ophthalmologists and they were eager to include the students in observing any unusual cases that come in. The students worked up the patients, observed

(Continued on page 3)

ONE STEP BEYOND

by Pete Russo

Along with the increase in specialization in the field of optometry over the past decade, we have seen a concurrent growth in the area of specialized education and training in the form of residency programs. What had started out as a requirement for medical students has now become a viable option for graduating optometry students. The time to start considering a residency program is now, especially for fourth year students who will not want to let the January and February deadlines for application elude them.

Coming to ICO beginning next year is the position of a fellowship. What is the difference between a fellowship and a residency? By definition, a fellowship is a scholarship or grant awarded to a graduate student for further study and a residency is a period during which a clinician receives specialized clinical training. From

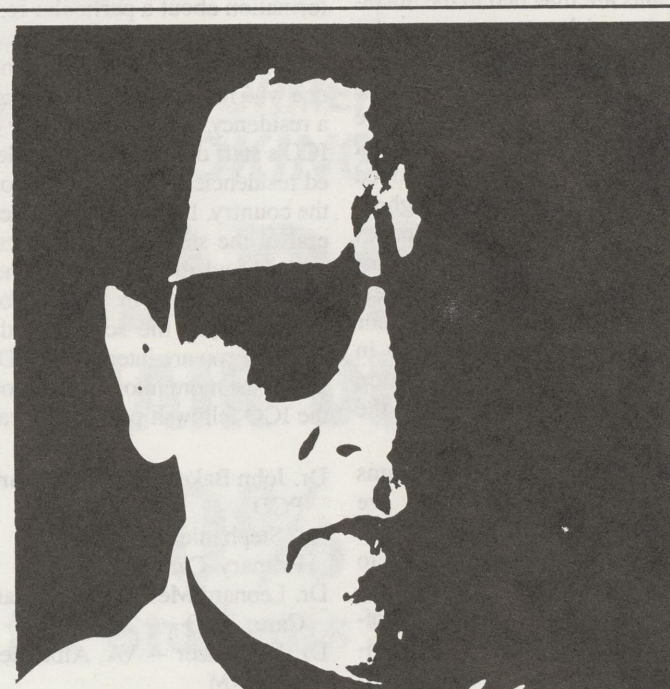
a practical standpoint, the true difference is the design of the individual programs. For the most part, a residency offers the opportunity to carry your own patient load seeing individual patients from start to finish. A fellowship offers more of a supervisory role, aiding students in the management of patient care, much like the function of a staff doctor. These are the lines along which the programs at ICO are drawn. Variations do exist as at PCO where the residency program follows the guideline stated here for a fellowship. Residents serve as preceptors in the clinic working with the students. Regardless of the label, additional aspects to these programs usually include rotations through specialty clinics such as retina, neuroophthalmology, etc., extra time in optometric specialties (CL's, LV, etc.), time spent as lecture/lab instruc-

tors, involvement with research, additional course work, and/or assignment to the emergency clinics.

The ICO Fellowship program is designed to give a well-rounded, full scope optometric background with emphasis on training individuals for a future in clinical education. It is hoped that a certain percentage of those in the program will stay on as educators at this or any of the optometry schools in the country.

Residency programs are offered at most optometry schools throughout the country in addition to those sponsored by the VA hospitals. The areas of optometry which can be specialized in during a residency include contact lenses, low vision, pediatrics/vision therapy, and primary care. VA hospital residencies are most

(Continued on page 2)



WARNING: This man has infiltrated the ranks of ICO and has been seen freely roaming the halls.

For more information on this notorious character turn to page 3.

EDITORIALS

The following editorials represent the views of ICO students and are not necessarily those held by the FOCUS and its staff.

DA GARAGE

by "Herb" Schroedl

The parking garage has filled a long-unanswered need at I.C.O. But, we now need to assess several potential problems.

The first potential problem stems from the willy-nilly way people park. It is more than not being between the lines (which happens frequently). The manner in which cars park on the ends of the ramp may lead to trouble. As people try to extend the marked areas into the thoroughfare the problems grow. The gap that is left is fine for compact cars, but those who have cruisers and aircraft carriers (Jersey Joe) find it VERY close. One day someone will be sorry. The probability of

this would seem to grow when the snow comes.

An unsavory, if infrequent, problem in the ramp is vandalism. If we assume that students and staff use the ramp, we wouldn't expect vandalism. But, there clearly has been vandalism (e.g. a new car scratched with keys down its length, windows broken, air let out of tires). Practical jokes can be tolerated and I can understand the need for cameras on the outside. It is outrageous to need cameras on the inside, too!

The third problem deals with the lack of lights on the fourth floor. This roofless deck gets dark

early when daylight savings time passes. I know I've startled a number of women walking from my car to the door. (It happens on dates, too.) Given the serious nature of some of the vandalism, I wouldn't be too quick to say, "It's just another student." Perhaps lights, a roof or both could be installed.

The problems do not seem to be serious. Yet, there is a chance to head off serious problems now. Perhaps it is a topic for student government/A.O.S.A. Contact your reps to see what they say about parking, vandalism, lights and a roof.

Residencies

(Continued from page 1)

involved with disease detection/primary care as well as, in some cases, low vision.

On Tuesday, November 18, the Council on Ethics sponsored a program discussing residencies featuring Dr. Thomas Stelmack on VA residencies and several ICO staff doctors relating their own experiences at various institutions. An important point to be aware of in the VA application process is that of 'matching'. Applicants are matched to the hospitals they wish to go to in the order of preference. You are only eligible, then, for those programs you want to get into. You will not be assigned to a location you do not want. This system was developed to establish uniformity throughout the procedure. No one is kept out of a program they want because of differences in deadline dates. Only one application is made for all the VA residencies. Keep in mind the deadline for application to next year's residencies at the VA is February 9, 1987.

The other residency programs such as those in pediatrics, are following a similar trend in establishing uniform cut-off dates to allow everyone to get into the programs they want. Once you are offered a position, usually a contract must be signed within 24-48 hours. If you had not yet heard from another program you wanted more, a no-win situation is at hand. Uniform application dates are an attempt to prevent this from happening.

A major point that was emphasized repeatedly was the over-

whelming benefits obtained from a residency program. Although it means another year without a "big bucks" salary, you will come out of it 2 or 3 years ahead of your classmates in terms of clinical knowledge and expertise. All the staff doctors present felt their residency experiences were very rewarding and would jump at the chance to do one again if they had to do it over.

If you are interested in more information about a particular residency program or residencies in general, the best source is someone who has already gone through a residency. Fortunately, many of ICO's staff doctors have completed residencies in programs across the country. Listed below are several of the staff doctors you can contact and the residencies they participated in. For more information, write the school or the program you are interested in. Dr. Baker has more information about the ICO fellowship for next year.

Dr. John Baker — Primary Care, PCO
Dr. Stephanie Messner — Primary Care, PCO
Dr. Leonard Messner — Primary Care, PCO
Dr. Jon Batzer — VA, Albuquerque, NM
Dr. John Rimkus — Low Vision, ICO
Dr. Kelly Frantz — Pediatrics/Bino. Vis., PCO
Dr. Susan Cotter — Pediatrics, SCCO
Dr. Sandra Block — Pediatrics, ICO

Dr. Michael Zost — Northport VA Medical Center
— Also has information on SUNY VT Residencies
VA Montrose and St. Albans — NY
Houston CL Residency

Dear Mr. Radioactive

Dear Mr. Radioactive:

The poor contact lens department gets so much abuse from the outside world! It is hard to believe that so many groups can get together to pick on ICO's budget. Believe it or not, the cost for ICO (which they so kindly pass along to students paying well over \$40,000 for tuition) is much higher than the contact lens distributors charge other outlets.

For example, Wesley Jesson charges only \$45.00 for their new DuraSoft 3 opaque lens at many optical stores, but ICO's cost is \$65.00 per lens! Mr. Radioactive, this seems little less than a total outrage! Why are sales people and corporations singling out this poor institution for unfair pricing? What can we do to prevent or at least decrease this grave injustice?

IS THERE NO EQUITY OF TREATMENT??? ICO is being charged \$25.00 for simple PMMA lenses!! Everyone else only has to pay \$9.00 for a completed lens! IS THIS FAIRNESS? IS THIS JUSTICE? IS THIS THE AMERICAN WAY?

Please, Mr. Radioactive, give us the answers! Tell us, tell us what can be done to help poor ICO! Is there no end to the massive duping of this gullible institution? Mr. Radioactive, we give them money. We give them more and more all the time. Do they keep getting charged more unfairly all the time?

GIVE US ANSWERS!
GIVE US ANSWERS!

Love,
Concerned ICO Students

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Joe

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Ross

Myrna
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10%

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3553 S. Wallace

624-4500

Hours: 9:00 a.m. to 8 p.m. Mon thru Sat.

EXTERNSHIPS (Continued from page 1)

surgery (regardless of how many times Connie and Mike tell you, they did not perform the surgery, they really just observed!). These students were very positive about their experiences and would highly recommend it to anyone.

Place: Minneapolis Society for the Blind

Location: Minneapolis, MN
Clinicians: Margaret Stolarczuk and Steve "LDO" Ong

This externship involved working with strictly low vision patients and is in Minneapolis. The pros here are the area is beautiful, they see many patients and follow them through the whole sequence, you learn the practical aspects of low vision, you interact with ophthalmologists, and various other professionals, you see quite a lot of pathology, and housing is provided. The cons were that you are away from primary care and the housing is one studio apartment for two interns.

For the \$100 question about Margaret and Steve... you have to ask them, despite constant badgering, they wouldn't tell me. I did not receive much information on this externship, so see Margaret or Steve.

Place: Wesley-Jessen Contact lens Clinic

Location: Downtown Chicago
Clinician: Alex Marshalkovich

This is not all CL fits, there are a lot of exams for glasses and even much more vision screenings where you take VA's, do color vision testing, check stereopsis,

check blood pressure, IOP, internal and external. The work schedule is M-F 8:30-4:30 and it pays \$75/week (the only externship that pays the student for work performed).

The doctors are very friendly and helpful, but are extremely busy answering consultation lines. There are only 2 doctors at present, so answering the phone and taking care of patients at the same time has forced a reduction in patient load. The clinic is geared more toward research and outpatient numbers may be decreased in the future.

Externs aren't actually allowed to see how the lenses are made, but the theory is readily explained. Students get very familiar with WJ lenses and overall the experience is pretty enjoyable.

Place: Westside Veterans Administration Hospital

Location: Westside Chicago
Clinicians: Drew Schwichtenberg and Steve "Mickey Mantle" Gander

The clinicians here didn't regret their decision to work at the VA. They felt they put in a considerable amount of time and effort into the program, perhaps more so than at any time at ICO. This is a primary care facility which sees a high number of patients with ocular pathology. You see a lot of diabetic, hypertensive, and glaucomatous patients. Due to the increase number of GLC patients, the externs were asked to perform

(Continued on page 4)

THE CASE HISTORY

Patient: Dr. A. F. Pass (AKA: The Young Cavalier, Dr. Pass, Anesti Fote Pappathoianis, Nass, Hey You and Sven.)

Age: 32

Born/Raised: Detroit, Michigan/raised in Shelby Township, Michigan, as a 3rd generation Greek.

Current home: Lincoln Park (he says, with an air of distinction)

Marital status: Single

New Years resolution: I will pursue all of my wishes!!!

If I did what Mom said, I would have: Cleaned up my room, taken out the garbage, mowed the lawn, married a Greek girl, eaten all of my vegetables and kept my feet off the table. Not necessarily in that order.

I would describe myself as: A very focused individual. Someone who knows exactly what they want...in a general sort of way...I guess. What do you think?

In high school, I was voted: Most likely overlooked.

If I couldn't be an O.D., I would be: I would be a cook...no, no, I would be in finance...no, no, I would be a priest...oh my, no, no, no! I know, I would be in radio or T.V. ...no, I would be an astronaut...No, I know, I would be in politics because you can make a lot of critical decisions.

Personal hero: Buckaroo Banzai

The best time I ever had: The Limousine Race

The worst time I ever had: After the Limousine Race

Favorite TV show: George of the Jungle

Last good movie I saw: About Last Night

If I could change one thing about myself: I would not be so serious all the time.

If I could be anywhere but ICO, I would be: In Toledo or somewhere in New Jersey. I can't decide.

Favorite pig-out food: Ed Debevic's peanutbutter pie with coffee.

Favorite quote: "Gort, klaatu berata nikto!"

Favorite hangout: The Cabaret Metro

If I had to do it all over again: I would be a musician. I'd give my right arm if I could play the guitar.

Weekends are for: Saturdays and Sundays

Your first concert: Blue Oyster Cult

Your last concert: The Tammy Show and The Models.

Dr. Pass, you just recently had a birthday. Do you have any thoughts on getting older? Well, I don't really like it. My memory gets worse and I tend to repeat myself and my memory gets worse and I tend to repeat myself. What was the question again?

Pet peeve: Well, actually there are two things that bug the hell out of me. The first is exaggeration. I must have told about a million people not to exaggerate. The second is an individual who is wishy-washy. People who can't stick to one side of an issue should be shot! Well, not that they should be shot, because everyone has their own opinion. It's not really so bad though if you consider that they are able to re-evaluate certain aspects of issues. So, actually I think it's very commendable that someone can say one thing and have the ability to realize that other side of the issue has its merits. Unless you think I'm wrong then what I said first, I guess.

Favorite concept: Bacteria are small and ameoba are small but viruses are smaller than both of them put together.

Focus welcomes Letters to the Editor. Submit typed, signed letters to Box 332. Names will be withheld on request.

DINING OUT: Shakespeare's Beef

by J. Petersma

"Welcome to my column." I've always wanted to say that. No special reason. Perhaps some of you will feel more at home with this article than the last. It seems that there are a fair number of you who have decided to spend your GSL dollars on things like tuition and optical equipment rather than dine out at 12% interest.

So, with requests for a more affordable place to eat, I have selected a spot not too far off the beaten path from the usual weekend watering holes.

The Hamburger Hamlet, one of about six like it around the country, is a spot with a lot of character and a casual sort of class. From the rustic chain-driven fans in the ceiling, to the high-back leather (vinyl?) chairs, the "Hamlet" has something for all.

Upon entering the restaurant, you are greeted by an empty maitre d' desk. Not because the service is bad; they're just so busy that it seems someone is always being seated. While you wait to put your name in, check out the daily specials listed on one of

those fluorescent neo-yuppy chalk boards.

I always find it easier to give an assumed name at the desk. Try "Smith"; it seems to work well. You can go from the bottom of a list of 30 names to a table for two in under four minutes if you're quick. My personal favorite is to use the name "Wild". It's always a lift to hear "Wild, party of two" booming through the restaurant and know they mean you!

Anyway, let's cut the lines and talk food and drink. For those that choose to wait in the lounge, which is surrounded by the restaurant, you can find any typical bar creation desired. We found most concoctions to be tasty. As with most Rush Street area businesses, the liquor doesn't dominate the drink.

Of course, we had to inquire if they had Corona with a twist. They said yes, so we ordered Bud. The bar area has the high stools with one leg an inch shorter which can't help sales since you feel tipsy before the first drink. We passed the time looking for

the pieces to the backgammon tables and eating salty pretzels to offset the "short-leg" effect.

The dining area, as mentioned, is immediately surrounding the bar. Comfy chairs were arranged in close quarters. This keeps the staff thin and trim. The tables were set a-la-French Cafe with the white paper table "cloth" and a glass with crayons to practice our art.

I know you're saying, "What about the food at this place?" The menu has one of the biggest varieties of "stuff" for a hamburger you'll find anywhere. There's everything from mushrooms to chili; mexican toppings, pepper, a variety of cheeses, veggies, the whole gamut. Most are served in a platter format, and they're not really sandwiches that you pick up. So abandon the idea of Whoppers, these are knife and fork material. You'll just have to peruse the menu and take your pick of the lot. In three visits we haven't struck out yet. Don't overlook the

(Continued on page 4)

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T.V. TRIVIA QUIZ

by Dan Smith

- 1) What famous TV actor once played for the Chicago Cubs?
- 2) Name the three brothers who lived on the Ponderosa.
- 3) What was the dog's name on "Petticoat Junction"?
- 4) Name the original host of "Jeopardy".
- 5) What was the pig's FULL name on "Green Acres"?
- 6) What was Herman Munster's address?
- 7) What was Gomer Pyle's Sergeant's full name?
- 8) Who created the "Star Trek" series?
- 9) What was the Star Fleet registration number of the Enterprise on "Star Trek"?
- 10) Who did David Brinkley co-host the NBC National News with for many years?

RULES:

- 1) All entries with name and box number must be submitted to Box 392 by Friday, December 19, 1986.
- 2) The entry with the most correct answers will be declared the winner.
- 3) The correct answers and winner will be published in the next issue of the Focus.
- 4) In the event of a tie a drawing will be held.
- 5) The decision of the Focus staff will be final.
- 6) A PRIZE will be awarded to the winner!!!

Answers to Last Issue's Quiz

1. Fred Gwynn
2. "Car 54 Where Are You?"
3. Robert Young
4. Mike, Rob, Chip
5. Jarrod, Nick, Heath
6. Wilber Post, Architect
7. Silver, Scout
8. Chester Goode
9. Dennis Weaver
10. "The Danny Thomas Show"

We wish to congratulate Michelle Hejny, the winner from the last Trivia Quiz. Michelle received a \$15.00 gift certificate to the ICO Book Store.

The FOCUS Staff Wishes the ICO Family a Happy and Safe Holiday Season

NEWS RELEASE

Starting with the next issue of the vastly popular "Focus" newspaper, a new and exciting feature will be introduced. This particular feature is timely and certainly overdue. The name of the column will be "Ask Richard Cranium" and it is intended as a service to the flagship community. Send in any and all questions to Richard. The questions can be about personal problems, sexual dysfunction problems, consultation or difficult cases in the new and improved Illinois Eye Institute, or anything that comes to mind. Richard stores a wealth of knowledge in his cranium, and is willing to answer all your inquiries. He may shoot from the hip, or if he doesn't know the answer, he'll lie. Richard's qualifications are easy to list as he has none. He is rich in personal experiences and I hope we will all utilize his talents. This service is free and open to students, faculty, and support staff. Send in all questions in care of the Focus Editor, Box 332. All inquiries are somewhat confidential and will be answered in the next issue.

EXTERNSHIPS

(Continued from page 3)

many Goldmann visual fields. This makes some mornings a bit tedious, but it greatly enhances your ability to do and interpret a VF. Areas of weaknesses at the VA include little exposure to DV, VT, or CL fitting. Also, time constraints make doing a lengthy refractive analysis impractical.

Drew suggests reviewing basic ocular anatomy and physiology, ocular pharm before going to the VA.

Place: Great Lakes Naval Hospital

Location: Great Lakes, IL. One hour and 15 minutes north of ICO just below Waukegan, IL
Clinicians: Amy Lou Walker and Rupert C. Chowins

This is a two part externship. You will spend 6 weeks at a medical/dental clinic wherein they have an Eye Clinic. This clinic sees only active duty patients and is an optometric clinic only. You see a high number of patients (one every 1/2 hour) and some CL fits (10-12 new fits). This clinic is very efficient, you are in almost total control of your patient and you really sharpen your skills and work on your time of examination. The director of this clinic is extremely helpful and nice. It is just you and him working together.

The other 6 weeks are spent at the hospital. Here you observe surgery, work ocular disease patients and occasionally do complete eye exams. You can easily learn a great deal about disease from these patients. The Chief of Ophthalmology lectures to both students every Monday on a new topic and often gives written

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Rupert Chowins

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quizzes. He is a nicer person, but does not hesitate to show his disappointment if he catches you off guard. I suggest reviewing anatomy, pharm, and ocular disease before going through this hospital relation. Overall, this program is fairly good, the program and the department are going through some changes right now and I suggest talking to the current externs to get the latest word. The major drawback is the travelling time. It averages 1 hour and 15 minutes from ICO.

There you have it, a brief synopsis on the externship program. I want to thank all the externs who shared their experiences with me, enabling me to assimilate this information.

Generally speaking, an externship is an excellent experience. I cannot emphasize enough the point that you get out of it what

you put into it. If you are enthusiastic, you will have a better experience.

Please see the current and fall externs for more information, they have all expressed a willingness to share their experiences with anyone considering applying. If I can be of any help, please let me know.



Dining Out

(Continued from page 3)

back page of the menu. There are some nice combos there.

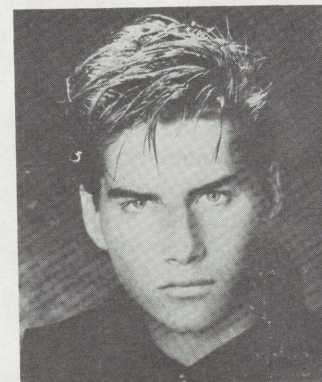
Most selections are under \$6.00 and the range is from about \$4.00 to \$8.00. The appetizers are good as well; deep fried mushrooms and cheese sticks were our favorites.

All things considered it is a good place for dinner. It's a neat place to take someone for their first time in Chicago, and it won't cost you a Welch-Allyn battery either.

One other thing worth noting. They do have a happy hour each afternoon, but it only applies to drinks in the bar — if you go up two steps and take a table for dinner, the deal is off!

The Hamburger Hamlet is located just east of Rush Street at 44 East Walton Street. As with all other places around the area, parking is very tight. Some city garages are nearby, but you can also hunt for a meter on a side street. And no, the name "Smith" won't help with that.

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